

The
Four Faces
of God
Shine
Through Me



*Embracing the Majesty
of Your Divine Reality*

Therese Rose Emmanuel



Gratitude

We send gratitude to our Father-Mother God, our divine source, our point of origin and point of return.



God Is Real

Even though I was raised in a Christian family, I left off really believing in God by the time I got to college. Like many young people, I was successfully secularized.

Then, in my third year of college, something in me stirred again, a deep desire to find God, and if "he" truly existed.

A friend introduced me to Sufism, the mystical side of Islam. We would go for late drives at night around Washington D.C., chanting the mantra, *La ilaha ilallah*, which means, "There is nothing but God."

One night as we accelerated the mantra, I felt an indescribable bliss penetrate from head to toe, awakening every cell in my body. This was followed by an intense feeling of heat and an overwhelming joy that lasted for several days, an hundredfold better than any "high" heretofore experienced.

I was converted. God wasn't just a concept. God was real, and I had felt "him" physically. (I say "him," because later, I discovered that God was also "her," "them" and "me.")

A week or so later, while attending a spiritual event in American University's ecumenical chapel hosting Sufi teacher Hazrat Pir, I experienced the bliss again, cleansing me from head to toe.

In the months that followed, I learned how to meditate, especially before going to sleep. One evening, I had drifted off in consciousness and found waking up in the most unusual way.

I could hear all of the cells in my body chanting *La ilaha ilallah*, the sufi mantra—distinctively, clearly and in unison. I wasn't hearing through my ears. I was hearing through my cells! The singing kept getting louder and louder, and with it I found myself floating upward.

All of a sudden, the human side of me took over and I became frightened. I could no longer control the experience from my human self, and so I stopped it. I got out of bed with a jerk. I wasn't ready yet to completely "let go and let God." This was uncharted territory. Still, I sometimes wonder what might have happened had I let this moment fulfill itself completely.

Looking back through the years since my college days (and even before), the energy, being and presence that we call "God" showed up in my life to cleanse me, teach me, illumine me, humble me, discipline me and comfort me. I have also watched "God" manifest, time and time again, in the lives of friends, clients, loved ones—even seeming strangers. I have come to know the divine presence as having four personalities, or faces. These four divine facets are hidden in the folds of our consciousness until, by free will, we summon them to the fore.

When the four faces of God shine through us, we are lifted out of the rote practice of religion. We can transcend the sanitized doctrines of East and West and experience the deep revelations of divine Truth. Like every sincere spiritual seeker, mystic, saint and avatar throughout the ages, we are living it too.

And I looked, and, behold, a whirlwind came out of the north, a great cloud, and a fire infolding itself, and a brightness was about it, and out of the midst thereof as the colour of amber, out of the midst of the fire. Also out of the midst thereof came the likeness of four living creatures.

And this was their appearance; they had the likeness of a man. And every one had four faces, and every one had four wings....

As for the likeness of their faces, they four had the face of a man, and the face of a lion, on the right side: and they four had the face of an oxen the left side; they four also had the face of an eagle.

-Ezekiel 1



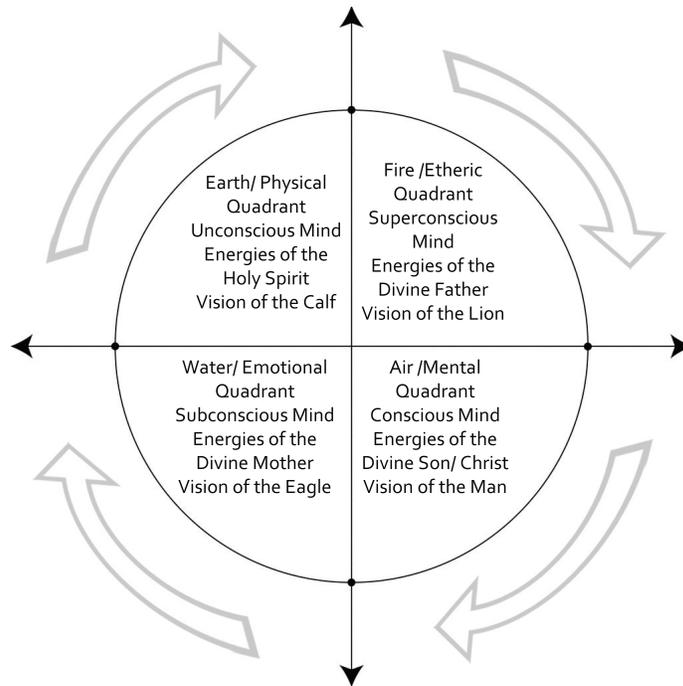
Come up here, and I will show you what must take place after this. At once I was in the Spirit, and there before me was a throne in heaven with someone sitting on it...

In the center, around the throne, were four living creatures, and they were covered with eyes, in front and in back. The first living creature was like a lion, the second was like an ox, the third had a face like a man, the fourth was like a flying eagle. Each of the four living creatures had six wings and was covered with eyes all around, even under its wings. Day and night they never stop saying:

“Holy, holy, holy is the Lord God Almighty, who was, and is, and is to come.”

- Revelation 4





The Four Cosmic Forces sustain the vision of God as universal awareness of the Creator within the creation. They are perpetually stepping down the light of Solar Logoi, cosmic messengers of Alpha and Omega positioned in the flaming yods of the galaxies. They render the light, the energy of the Word, intelligible to electrons in the animal, vegetable and mineral kingdoms. They deliver the initiations of the Father, the Son, the Holy Spirit, and the Mother to souls making their way to the Great Pyramid of Life.

-Sanat Kumara on the Path of the Ruby Ray

Table of Contents

Foreword

One..... Enter the Heart

Two..... The Geometry of Divinity

Three..... Four Divine Faces

Four..... The Face of My Divine Father

Five..... The Face of My Christ Self

Six The Face of My Divine Mother

Seven..... The Face of the Holy Spirit

Eight..... The Ultimate Prayer

Nine..... Holy Communion

Resources

Approaching the realm of your personal divinity, you enter the heart, where the divine presence abides. There, you become aware of God as four personalities, four pathways of divine expression.

Now embrace the majesty of your individuated God Self as Father, Mother, Son and Holy Spirit. Experience the protective spirit of the Loving Father, the nurturing spirit of the Loving Mother, the adventurous spirit of the Loved Boychild and the gentle spirit of the Loved Girlchild.

This awareness becomes a spring board for connecting with your higher self. Loving Father opens the door to your I AM Self. Loved Boychild yields to your Christ Self. Loving Mother stitches an intimate communion with the Divine Mother in the physical plane. And Loved Girlchild ushers you into the majestic kingdom of your Buddhic Self.

Let the meditation, the transformation, and the transubstantiation begin. Allow the four faces of God shine through you now. Embrace the majesty of your divine self.

I AM the open door which no man can shut....

One



Enter the Heart

We want to move into the heart, because we know the heart is the dwelling place of God. We have a divine spark, a divine presence within the heart. It is a threefold flame of love, wisdom and power. It is a divine spirit, a spirit that can be accessed through meditation. It is a spirit that can be experienced as our divine self. This is the light that shines through our eyes, radiates love from our heart chakra and expands through our auric field to bless all life.

When you experience your divine self, you realize that you are more than just your human personality, more even than your soul. There is a divine being who is in you, who is overshadowing you, who is walking with you, who is a part of you. The different tests of life that we go through each day are a part of our learning, our overcoming and our becoming more of that divine self.

What is it, then, that makes us divine? What is that divine presence in us that is bringing us closer together in this dawning Age of Aquarius? It is a fourfold divine geometry that is both personal and impersonal, and from which our lives are spun.



Jewels in the Heart

In my early twenties while I was travelling through South America, I met a young Argentinian woman who both kind and sophisticated. She was wearing lavish jewelry that was not common for a young adult. I was admiring the precious stones on her hands and wondering to myself what it would be like to wear jewels like this.

That night, I found myself waking up to a spiritual experience. I was fully conscious, though my body was sleeping, and God took me inside my heart. There, he showed me three jewels, scintillating sparks of yellow, pink and blue, far more beautiful, far more glorious, than any gemstone in the outer world. These were living flames that carried an awesome power, an intimate love and an intelligent, self-luminous presence.

I stood in breathless contemplation of this three-fold divine flame within my heart. And I realized that the greatest treasure in the universe was already ours to behold, God's greatest gift of love, the presence of Himself, Herself, Themselves, sealed in the secret chamber of the heart.

Two



The Geometry of Divinity

At every level of the macrocosm and the microcosm, we find that the divine energy is both masculine and feminine, working in polarity as a mighty Tai Chi. The energy flows from Alpha into Omega, and then returns from Omega back to Alpha in whirling interchange of cosmic forces.

“I AM Alpha and Omega” is a mantra that has been given in various forms throughout the ages. Alpha and Omega, the beginning and the ending. Alpha is the masculine energy of God and Omega is the feminine energy of God. The Alpha, masculine energies hold a positive (plus) polarity as Spirit, and the Omega feminine energies hold a negative (minus) polarity as Matter. The energies move from spirit to matter and from matter back to spirit in a cosmic dance that animates all of life.

In our work, we understand that God's masculine energy is further divided into two flows—the Divine Father energy and the Christ energy. Likewise, the feminine energies of God are divided into two flows—the Divine Mother energy and the Holy Spirit energy. When we say divided, we do not mean that these energies are acting against each other. We simply mean that they are differentiated into two separate energy flows that are complementary to each other and to the greater whole.

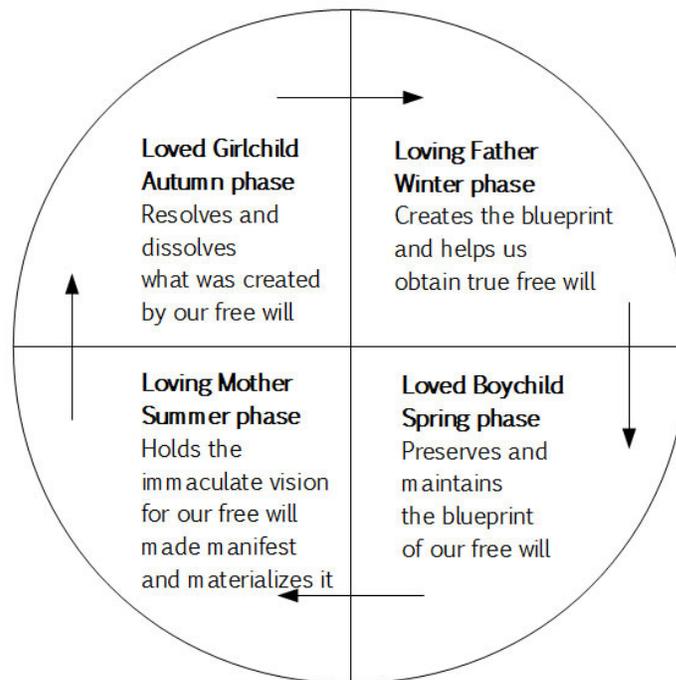


The Christ consciousness is a step-down transformer or a downloading point for the energies of Alpha spiraling into Matter. The Holy Spirit is a step-up transformer and an uploading point for the energies of Omega returning unto Spirit.

Ultimately, what we call "God" is a divine geometry based on the four energy fields. These four divine foci of consciousness—which were seen and described by both Ezekiel and John as the Lion, the Man, the Flying Eagle and the Calf—can also be perceived and understood through the archetypes of Father, Boychild, Mother and Girlchild.

In the East, this understanding is expressed as the division of the Yang (masculine) energies and the Yin (feminine) energies into the four seasons, and seasons of life. In Native American traditions, this understanding is expressed as the sacred four directions—North, South, East and West.

Each focus of divine consciousness has a resonance point in the heart, a divine flame. The flames weave together to form a divine trinity—known in West as Father, Son and Holy Spirit and in the East as Brahma (Father), Vishnu (Son), and Shiva (Holy Spirit). The base from which these three energies spring is Mother energy, Brahman-Shakti energy—the “pearl of great price.”



The Cycle of Life



पुरुष

Purusha, the Cosmic Being,
the underlying spiritual unity of human,
divine and cosmic realities.

Purusha, the progenitor of
Brahma the creator,
Vishnu the preserver,
and Shiva the destroyer.

ब्रह्मा विष्णु शिव

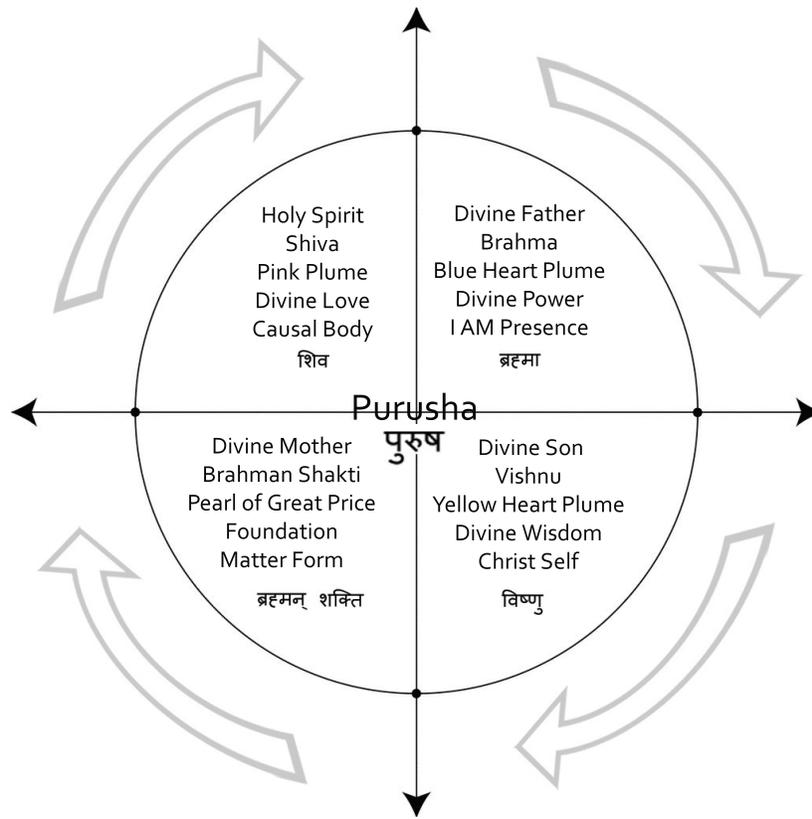
All are seen arising out of same original reality
Purusha.

पुरुष

A Thousand heads hath Purusha, a thousand eyes, a
thousand feet...This Purusha is all that yet hath been and all
that is to be...So mighty is his greatness; yea, greater than
this is Purusha....

-Hymn to Purusha(Rig Veda X, 90)

ब्रह्मन् शक्ति



Three



Four Divine Faces

God has four faces, four presences, four divine archetypes that we can come to know and become. These four presences are the Father, the Son (Boychild), the Mother and the Holy Spirit (Girlchild).

The Divine Father—Ethereic Quadrant

The first face of God is the face and energy of the Divine Father, which abides within the heart as the blue plume of Brahma. Father is a spiritual force, an etheric impulse of energy that sets all of creation in motion. In the Bible we read that, "Let there be light!" That impulse comes from our own highest spiritual Self, our Mighty I AM Presence and its fiat, I AM THAT I AM. It penetrates into the world of form as as God's desiring to be God in manifestation.

The Christ—Mental Quadrant

The second face is the face of Christ. The word Christ comes from the Greek word "Christos," which means "anointed." Everyone has an individuated Christ self. This, Jesus came to demonstrate, not as an exclusivity, but as a role model for what we can all achieve and become. For

this reason, the master said, "Greater works than these shall ye do because I go unto my Father."

Our Christ self comes to the fore of our consciousness as we endeavor to be "Christ-like." The Christ light that shines through us when we exercise our faculties of Christ consciousness is an anointing of light. We activate the yellow plume of Vishnu within the heart as the Christ flame of the holy trinity.

In the mental quadrant of our being, God engages in a co-creative process with us. We determine, through the our Boychild self, to fulfill our divine blueprint, the will of the Father for our life.

The mental quadrant is a place of choice, where we choose to be—or not be—God in manifestation. At this level of self, we can either express the loving qualities of the Loved Boychild or react with rebellion towards the Father's mandate as Unloved Boychild.

The Boychild energy is the drive that allows us to move forward and accomplish our purpose in life. It all comes down to whether we agree to live in consonance with the will and impulse released by the Divine Father for our lifestream, like Jesus demonstrated, or whether we defer to the agenda set by the lesser ego and the human collective consciousness.

When our Loved Boychild energy carries out the divine impulse of our I AM self—in that moment—we become the Christ. Each time Loved Boychild says, "I will fulfill the will of my Divine Father: Let there be light!" our Christ Self is strengthened.

With every right thought, feeling, and action thus expressed, our Christ Self becomes one with the Father. Like Jesus said, "I and my father are one." The positive energies we express through our Loved Boychild cycle up to our Mighty I AM Presence where they become stored in our causal body of light as treasures of our Heaven-World.



The Divine Mother—Emotional Quadrant

The co-creative action that takes place through the cooperation between the Father and the Son materializes in the world of form through the Mother energies that flow through us. The word Mother, “Mater” in Latin, is the root word for “matter” and holds that fohatic key. Every time something materializes in our life, it precipitates through the energies of the Divine Mother.

Our Loving Mother within is the bearer and nurturer of life. She teaches us to manifest the will of the Divine Father in the matter plane. The Divine Mother in the heart manifests as the white light, the “pearl of great price” on which the threefold flame projects upward and spins.

The Holy Spirit—Physical Quadrant

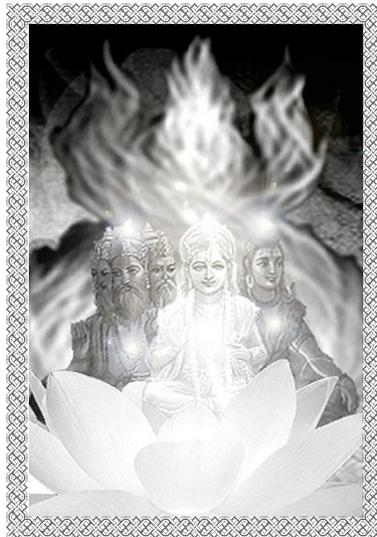
The cycle of creation and manifestation completes through the energies of the Holy Spirit, expressed as our Loved Girlchild. Our Loved Girlchild adds a touch of beauty, magic, caring and finesse to everything we do. Embued with her energy, the fruits of our accomplish-

ments can stand the test of time and attain spiritual permanency in God, ascending back to our causal body of light.

The intensified presence of the Holy Spirit brings to our soul the “trial by fire” that “tries every man's work of which sort it is.” All of our right thoughts, feelings and actions—embued with the love of the Holy Spirit—ascend to our causal body in a 24-hour cycle. There, they are stored in the spiritual reservoir of rainbow color frequency bands above our head, that becomes our buddhic vehicle.

All right thoughts, feelings and actions from this life and from all past lives are stored there as spiritual attainment that the soul can access. These are the “treasures in heaven” Jesus spoke of to his disciples.

The Loved Girlchild brings the finishing touches of divine perfection, compassion and kindness to everything we do. She makes sure that we balance every “jot and tittle of our karma” so that our lives can be infused with the joy and the wholeness of the Holy Spirit flowing through us. She is anchored as the pink plume of Shiva, the Holy Spirit aspect of the divine trinity in the secret chamber of our heart.



Presencia Yo Soy

One spring day, I was walking through La Boca, a colorful, artsy neighborhood of Buenos Aires, taking pictures, when I became aware that a young couple had been following me. All of a sudden, the woman pulled out a handkerchief and insisted on wiping my back because she said there was a mustard stain on my shirt.

I knew that local thieves sprayed tourists with mustard in order to rob them while helping them clean up, so I politely thanked the woman and told her mustard comes off in the wash. Then I walked away, relieved that my purse was intact. I had just exchanged a lot of dollars and had all of my bank and credit cards with me, which was the only way for me to get more funds.

A short time later, while I was waiting for a bus in front of the main train station, I was caught off guard. A young man pointed to the stain on my shirt and the minute I turned around, my wallet was gone. I asked the man to give it back and he denied taking it. Then, I remembered these thieves work in groups. I looked around and saw a man in his forties, dressed in a suit, crossing the street whistling.

My intuition told me this man had my wallet, so I started chasing him. He turned around and when he saw that I was coming after him, started to run too. I ran as fast as I could, dodging all of the colectivo buses and taxis that were coming at us with Latin

speed.

“Para le, stop him,” I yelled as people watched, but nobody moved. Eventually, I could no longer keep up with him and he started to get lost in the bustle.

I knew this was a real crisis situation, having no money to get home or to finish my stay. I had just read a book that taught about the Mighty I AM Presence, the personalized divine presence of the Divine Father that hovers above us. In a split second, I decided to call upon it for help. I really had no other choice. “Presencia Yo Soy,” I exclaimed, out of breath, as I continued to run.

Following the making of that call, I felt a renewed burst of physical and spiritual energy and it wasn't long before I spotted the man in the crowd again.

Something made him turn around and when he saw I was still in pursuit, he decided to give up, though he still had the lead. “Here's your cuero,” he said, throwing my wallet on the ground.

By that time, a crowd had formed around us. I did not know whether to laugh or cry. My lungs were burning and I was panting hard, but I felt elated. God had just shown up in my life in a mighty I AM way and my wallet was intact.

“Mighty I AM Presence, you take command of this entire situation. I shall not be moved.” This call, we can all do. It will carry us through.

Four



The Face of My Divine Father

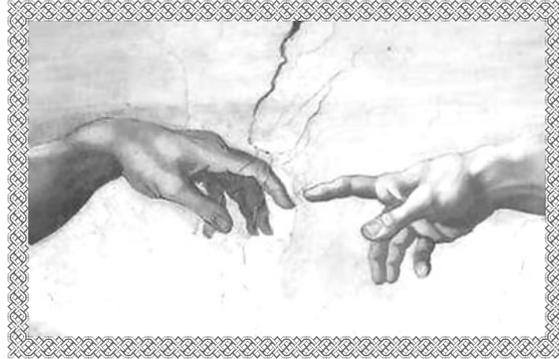
Visualize now the presence of the Divine Father, your spiritual Father, the Divine Will that created you as a spiritual being in the beginning. This is the presence of Alpha, the I AM that I AM.

In order to connect to our Divine Father, we can give the mantra, *I AM my Loving Father*. We want to move into the heart, into the blue plume of the heart. The blue plume is the focused energy of our divine power. Let us experience this forcefield of divine protection and good will as we go deeper into the heart. Let us give now the mantra until we feel the flame of love for the Father burning on the altar of our heart.

I AM my Loving Father.

I AM my Loving Father.

I AM my Loving Father.



The source of Father is pure bliss. It is pure light. It is the highest manifestation of life for your lifestream. Now see if you can visualize the Father. Visualize him as a divine being, or as a grandpa figure, or as a white light.

See what image comes to mind as you focus on the presence of the Father. Watch him integrate with you. Become his presence of loving strength and protection, and see your troubles dissolve in his loving light.

Now let us give the mantra *I and my Father are one*, and focus on the sapphire blue plume of Brahma within the heart.

I and my Father are one.

I and my Father are one.

I and my Father are one.

People who have had trouble with their earthly father, who have experienced challenge or abuse, may be difficult to connect with the presence of a Loving Divine Father. Resistance to the Father may even come from past lives where you had unresolved issues with a father figure and that imprint left a mark on your soul.



If these records come up and make it difficult for you to connect with Father as a loving presence, be kind to yourself. Do not be over-concerned. Place them in the flame of your divine spark, into the loving presence of your spiritual Father, your Father in Heaven, Brahma.

What we want to do is pierce through. Just like taking a pin and pricking it through a piece of dark fabric, let us pin-prick through the fabric of all of our experiences of this life and past lives that have blocked us from having that light of the Father coming into our consciousness.

Let us engage our free will and pin-prick through the dark fabric of all of our resistances, challenges and past traumas. We pin-prick through to that place of our original reality. Until we touch that place of our original reality, we are lost. We are bobbing up and down on the sea of life, with all of its ups and downs. We need to find that corridor that takes us back to the presence of the Father, the real Father, the true Father, the Alpha presence of the Atman.

Abraham is considered to be the Father of Judaism. When people came to question Jesus and they talked about Abraham, Jesus said, "Before Abraham was, I AM." That was a revolutionary statement, intended to spark a revolution in higher consciousness. Jesus was pointing up to the individuated presence of the Father as the Mighty I

AM presence in each of us: " Before Abraham was, I AM."

Before Abraham was, before Jesus was, I AM. And that I AM is the I AM that I AM. It is the Father, our own individualized beloved Father Presence.

With this understanding, we can go deeper. We see ourselves making that pin-prick into all of those things that may be coming up in our life as a resistance to the Father's will. We pin-prick through the maya and connect to the ineffable light of God, our Father "who art in heaven" and our Father within the heart.

The Body of Christ

One night while I was sleeping, I was shown a spiritual umbilical cord that tied me to Christ as a higher spiritual awareness. This Christ essence was a vortex of energy. Then I noticed that from this vortex of energy, umbilical cords of light also reached down to many other people, and reached up to those who had ascended.

I understood that I was looking at the body of Christ, the divine consciousness that ties us together and makes us one, as above so below. I also understood that through these pathways of light, the body of Christ is broken for the many.

The Eastern teachings speak of this as the antahkarana, the web of light that links all sentient beings together. It was amazing to see how even though we oftentimes dislike each other at the human level, we are still connected at a higher level, all worthy and all one.

I remember one night walking in the wilderness, talking to God about someone who was difficult with me. As I looked at the brilliant night sky and the endless starry bodies, I heard my Christ Self saying, "You may disagree with this person's human self but her soul holds an important position in the antahkarana of light. Would you deny her that?"

The answer of course, was no. Even when we dislike someone at a human level, God in us champions their soul's victory in the light!

Five



The Face of My Christ Self

Each time we give the mantra, “I and my Father are one,” we are putting on more of the presence of the Son of God, the divine Boychild, our own Christ Self.

We have different levels of spiritual awareness and consciousness. The highest level is the level of the I AM THAT I AM. The next level down—meaning closer to our human manifestation—is the level of our Christ Self.

Our Christ Self has also been called our higher self, or guardian angel. Our Christ Self is the mediator between our human self and the presence of the I AM THAT I AM. Our Christ self moves between heaven and earth and mediates between both planes of existence.

Our Christ Self is unique. No two people have the same Christ self. Simultaneously and paradoxically, at the level of our Christ consciousness, we are all One. We are one Christ, one body of Christ broken for the many, like a loaf of bread breaks into many crumbs. This is truly a spiritual mystery. On the one hand, we are all one in Christ, and on the other hand, we are individuated and unique manifestations of Christ awareness.

Our Christ self evolves through the experiences of our life. With every thought, feeling and action we express,

our Christ self continues to form and to refine. What we do impacts the development of our Christ self, and our Christ self is completely invested in that development, gently goading us to choose right from wrong with full respect for our personality's free will.

We want to be one with our Christ Self, his wisdom and love. We want to be one with our higher self, listening to that voice and prompting.

The voice of Christ is an inner nudging. It is not loud and forceful, clamoring for attention like the voice of the ego, with its aggressive mental suggestion, subconsciously reinforced by inherited coping mechanisms, entities and demons. The voice of our Christ Self is a still, small voice. It often goes unnoticed, and often-times, we clearly resist it. There are many momentums within us that balk at the voice of conscience and the inconvenience we may experience at the human level when we follow its prodding. The momentums of the ego are our own deified energy veil or "devil."



Our negative and unloving habits resist our higher self. They masquerade as, and usurp the authority of the four divine personalities. They operate in our psychology as Unloving Father criticism and tyrant human ego tirades; Unloved Boychild aggression and negative competition; Unloving Mother spoiling and aloofness, and Unloved Girlchild victim-martyr, self-deception.

This is why Jesus said that it is hard to kick against the pricks. The more we ignore the voice and warnings of our higher self, the harder it becomes to hear them, and we end up suffering the consequence, "learning the hard way."

Instead, what we want to do is to strengthen our identification with our higher self. We want to practice the presence of Christ, as Thomas Kempis said. We want to experience Christ as our own Christ self. We want to engage our free will to manifest more of our divine blueprint.

We know that every time we say, "I and my Father are one," or "I AM the will of my Father made manifest," we come into congruency with Christ and put on new levels of Christ consciousness. This can also happen when we say, *I AM my Loved Boychild*. Let us give this mantra now until we feel the flame of the divine Son/Sun blazing on the altar of our hearts as cosmic Christ illumination.

I AM my Loved Boychild.

I AM my Loved Boychild.

I AM my Loved Boychild.

Now as you give this mantra, your Unloved Boychild may be kicking around and saying, "I don't feel like a



Loved Boychild right now." Or, "I don't want to be here, I don't want to be doing this. Why are you making me meditate right now?"

Again, it's okay if those feelings come up. Unloved Boychild within needs to slowly, gently, come into congruency with our Loved Boychild and the presence of Christ. We are not looking to suppress or repress any feelings or thoughts. We are simply trying to work with them and transcend darkness into light.

Each of us has the presence within of a Loved Boychild. Picture your Loved Boychild and understand that he is the doorway, he is the glyph through which you will contact the presence of Christ within you. It doesn't matter whether you are in a male or female body. Each of us has that Boychild presence.

Picture your Loved Boychild. Visualize what he looks like. Maybe he likes to play with puppies. Is he a knight in shining armor? Is he an intrepid boy on a skateboard? Is he an athlete? Is he a mountain climber? What

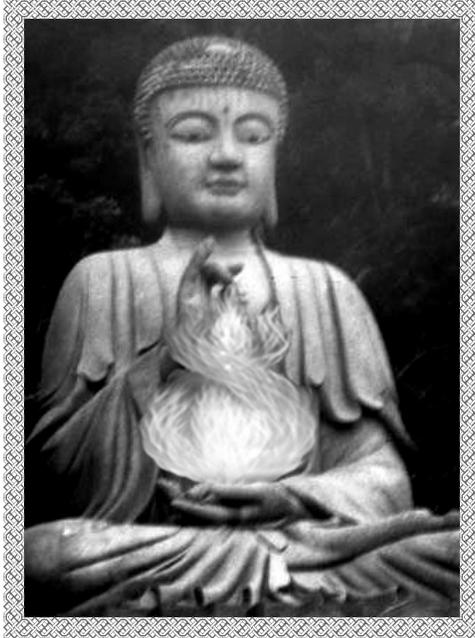
part of you seeks to climb the highest mountain, even when it is wrought with challenges? What part of you is willing to take risks—calculated risks—to overcome your places of resistance and dullness? What part of you can do this with a sense of humor, with a thrust of joy? What part of you can be summoned at a moment's notice to go after and defeat negativity and darkness when it crosses your path and conscious awareness?

Now give the mantra, *I and my Christ Self are one.*

Focus on the yellow plume of your threefold flame, the presence of Vishnu, the second person of the Trinity. See now this brilliant yellow plume blazing within your heart as the flame of Christ illumination. Know that when you focus on it, it expands.

Let us then, visualize this flaming golden light, expanding up, up, up from the heart, reaching up to the crown on the tip of your head. Your crown chakra is the place of buddhic attainment. Here, we attune with the buddha. The more our crown chakra unfolds as it receives the energies of the Christ plume in our heart, the more we expand in Buddhic awareness.

We move from the presence of Christ in the heart to the presence of Buddha in the crown. We understand that the Buddha was also a Christ. Buddha is simply the next stage of spiritual development and initiation. And Jesus, who exemplified the path of personal Christhood for the West was also a Buddha in the East. He had that buddhic attainment. He trained with the buddhas and gurus in



India and then went back to Palestine.

We are at a very important juncture in time and space because we have moved from the Age of Pisces to the Age of Aquarius. In an age that spans 2,000 years, we are still in the "cross over" time. In the age of Pisces, the light of Christ, the spirit of Christ, the consciousness of Christ was meant to be raised up and developed. This is why Jesus came as the avatar of the Age of Pisces to demonstrate the path of personal Christhood.

What happened was that people who were not in alignment with light, but rather aligned with darkness, decided to turn Jesus into an idol. They made him into an "only son of God," as a flesh-and-blood human. They refused to acknowledge the "only begotten son" as the Christ presence and light of the I AM that "lighteth every man that cometh into the world." They purposely denied the Christ nature and destiny of every individual on this

planet. This, they did for political reasons, to “dumb down” and amass power, money and authority within the hands of a few so-called spiritual “elite.”

While it is true that to a large degree, the path of personal Christhood was thwarted during the Age of Pisces, we can still find examples of mystics and saints who were taught “on the inner,” who connected to their Christ presence and became the Christ. They testify of their oneness with Christ in their writings, and even though this was personalized as a relationship with Jesus, it was also an edification of their own Christ nature.

We have now moved into the Age of Aquarius. The Age of Aquarius is a new age, where the divine energies of the Mother and the Holy Spirit will be exalted. This is an age of love, freedom, forgiveness and brotherhood. The ascended master Saint Germain, whose name means Holy Brother, is the spiritual hierarch of this age. Saint Germain as brought forth the knowledge of the violet flame for this age as a dispensation of divine compassion for humanity. The violet flame is a spiritual energy that transmutes negative records and spiritually accelerates our soul freedom from the heavy records of the past. It is an action of the Holy Spirit.

In this Age of the Mother and the Holy Spirit, we encounter the divine feminine energies more closely. We are actually matter-realizing all of the attainment that our souls have gathered in the previous 2,000 year cycle of Piscean incarnations. We are intended to become the Divine Mother in form, and materialize the Christ Presence that we anchored in the last two thousand years as the Son one with the Father, and then express that love as the Holy Spirit. We Matter-manifest the Alpha thrust as the Omega return, as the Shakti presence that moves through the world as as the Divine Girlchild, as the Holy Spirit.

Next, we will focus on the presence of the Loving Mother, and then focus on the presence of the Loved Girlchild within us—understanding that these are our preferred vehicles of expression in this time and age, offering a completely new way of perceiving and relating to ourselves and to others.

The Yellowstone River

On a hot day later that summer, I set out with some friends to go tubing down the Yellowstone River. I had never done this before, but my friends were regulars at it. We were each sitting on inner tubes, and no one had a life jacket. We started downstream, having the time of our life, bobbing up and down in the splashing rapids.

After we passed the first set of rapids, the current separated me from the group and I started to lag behind. All of a sudden, there was a huge boulder just below the surface. Before I could steer away, the water swept me into a giant hole. My inner tube flew into the air and I was engulfed in a powerful whirlpool that was way over my head. Being a good swimmer, I started to tread water but the whirlpool was too strong. I struggled to come up for air but no matter how hard I tried, I could not reach the surface.

Soon all of my energy was spent. I had no strength left and was sucked down into the hole. Everything was dark around me and I felt completely defeated. I knew I had to give up my life even though it didn't seem like the right timing.

"The fallen ones have finally got me," I thought, referring to the force of darkness, and I became acutely aware that a significant part of me would be staying in the bottom of the river. It was my not-self, impermanent and unreal, that I had identified with. This jarring realization was even more disturbing than the physical experience of drowning and I

finally did let go.

At that point, time and space collapsed and I found myself on top of the river, a couple of yards away from the whirlpool. I was stunned. I did not experience my body moving from the bottom of the river to the top of the river and had no idea how I got there. I started to swim frantically so I would not get sucked into the whirlpool again, having no tube to hang onto.

One of my friends had been leading up the rear when the accident happened. He said it was like an angel had picked me up.

Away from the whirlpool, Geron reached out to me with his inner tube and helped me stay calm. As the two of us swam to shore through more rapids, I felt a peaceful light shine upon me. Even though I was still in shock, I knew I would be safe in the arms of the Divine Mother, who was carrying me back to shore.

Six



The Face of My Divine Mother

Each time The Mother is the one who gives life, who makes life possible. When we visualize Mother, we see her as the cradle, as the foundation of all life. Jesus spoke of the Divine Mother. In *The Life of Saint Issa*, by Nicholas Notovitch, his words are recorded:

"Listen, then, to what I say unto you: Respect woman, for she is the mother of the universe, and all the truth of divine creation lies in her. She is the basis of all that is good and beautiful, as she is also the germ of life and death. On her depends the whole existence of man, for she is his natural and moral support. She gives birth to you in the midst of suffering. By the sweat of her brow she rears you, and until her death you cause her the gravest anxieties. Bless her and worship her, for she is your one friend, your one support on earth. Respect her, uphold her. In acting thus you will win her love and her heart. You will find favor in the sight of God and many sins shall be forgiven you."

If you have a child, if you carried a child in your body, you understand that the child came through you—through your body, through your cells, through your genetic matter. Yes, there was the insemination of the Father's

energy and genes, but it was through the Mother that the seed and the impulse materialized.

Regardless of whether we are in a male or female body, the Mother energy rises within us. At the level of our auric field, the divine energies of the Mother rise up from the base-of-the-spine chakra and go up to nourish the spine and the higher chakras. This energy if the Divine Mother is called Kundalini in the East.

Much of the energy of the Divine Mother Kundalini has been misqualified and abused, as the taking of the Mother by force. There are various forms of yoga that actually purposely misqualify the energy, forcing it to come up too fast, too hard. When undue Kundalini movements happen, a person's chakras can actually be blown, opening them up to dangerous states of psychosis. Undue Kundalini movements can also happen with excessive and imbalanced sexual practices, as well as with aggressive and jarring music and motion pictures.



We must not violate the Divine Mother. We must treasure and honor her and raise up her energies gently, slowly and carefully, with that same reverence with which she would hold an infant child.

The Mother within us is the thriving ground for the light, the spirit and the impulse of the Father to manifest. Every time we carry out something that is good—whether it's a good deed, or a good thought or a good feeling, it happens through our physical body. It materializes our Matter form.

Let us now focus on the presence of Mother within the heart. The presence of the Divine Mother is the “pearl of great price.” She is forms the base for the trinity and we visualize her as a white, mother-of- pearl rad iance. When you think of the Divine Mother, you can visualize her as Mother Mary, or as an Eastern goddess, or as the healing light within the sun, or as the chlorophyll within a plant, or as the earth body herself—Mother Earth. Anything that helps you to connect to the mother energy of life will enhance the mantra, we will give together now, *I and my Mother are one.*

What we want to do is visualize ourselves as a cradle, as a chalice, where the light of Father is loved and contained within Matter. This intimacy between Father-Spirit and Mother-Matter within our being sets the pattern for our ultimate wholeness.

Let us give this mantra, *I and my Mother are one* until we feel her pearly white rad iance blazing on the altar of our heart.

I and my Mother are one.

I and my Mother are one.

I and my Mother are one.

People who have had issues of turmoil or abandonment with their mother in this or past lives may find it more difficult to give this mantra. We must understand here, that we are calling here to a deeper aspect of Mother, and that we are that aspect of Mother, irrespective of the mothering experience we received in life. We know that everything that we must go through in life is the result of a cause that we have set in motion, and a lesson that must be learned at the soul level. This is why we do not blame our earthly parents. We heal ourselves so we can set them free.

The more we take responsibility for our life experiences and then transmute them by invoking the help of the violet flame, the more we can also help our parents and loved ones. When we change, they also change because they are connected to us on many levels, even genetically. Any transformation we experience will naturally transfer to them on inner levels, and gradually, those positive shifts will show as an outer expression. We've seen this happen time and time again, where a person changes for the better, and then the people they are connected to also start to change—without ever having to go to therapy or even do all of the spiritual work.



Now visualize what it means to be a Loving Mother to life. Become the Loving Mother to a child, to your friends, to your spouse, to your work, to the people you run into. Be a Loving Mother to your soul, to your body. Consider how you treat your body and what food you put into it. Be a Loving Mother to your environment, to your house, to your land, to your belongings, your animals, your plants. Then visualize how you will be a Loving Mother to the earth, as we give the mantra, *I AM my Loving Mother*.

I AM my Loving Mother.

I AM my Loving Mother.

I AM my Loving Mother.

The more we integrate the energies of the Divine Mother, the more deeply they anchor within us. The energies of the Mother have a very practical, grounded feeling to them. When I was pregnant with my second child, I had a vision of Mother Mary as I was about to give birth. During the first part of my labor, I had been giving the rosary and invoking the presence of Mother Mary at my side.

I don't usually have visions. This was an unusual event for me. Mother Mary came into my third eye, into my auric field, into my awareness as and what was most surprising was that she was wearing a cream colored business suit, with pumps and a briefcase. Her presence was absolute and unmistakable, but I was taken aback by her appearance. Part of me was thinking, between contractions, "Mother Mary, what are you doing dressed like this? Aren't you supposed to be wearing a veil and a turquoise gown?" Of course I didn't express it.

¹For more information about the violet flame, please visit www.violetflamemiracles.com

What Mother Mary was teaching me was that the beings in the Heaven-world and the angels aren't limited to the concepts we hold of them. She was showing me that the Divine Mother is very, very practical. There are times when we are in these lofty places of communion and we see her as the exalted handmaid of the Lord. And there are other times when she is ready to dig in the trenches with us, and help us peel our vegetables, change our baby's diapers and help us clean up after the puppy mess, or whatever else we have going on in our life.

That is where we transcend our human idolatry. We understand that the heavenly beings—especially those who were incarnate on earth like Mother Mary—understand what it's like to be in flesh and blood bodies. They are very practical. They want us to find our soul freedom and make our ascension in the light. They want us to balance our karma and help mankind. In fact, they want to help mankind through us, and they are absolutely ready, willing, able and practical—to help us when we call upon them in a down-to-earth way.

Most people don't realize this, but the most karma-balancing job a person can have is to have a cleaning job of some sort. To be precise, all karma-balancing jobs are cleaning jobs. If we are engaged in a healing profession, we're helping people clean their bodies on a certain level. If we're doing therapy, we're helping them clean their mind and consciousness. People who are janitors, people who work in restaurants, in daycare centers, in stores and in virtually any form of service are helping clean things up. This is how we balance our karma. Like Mother Caspari once said, we give "help to life."

The whole point is to give help to life. We can either be cleaning up life or messing it up—and sometimes, we do a little of both. Still, we must be leaning towards the "cleaning it up" side of the ledger.

There was a book published in the earlier part of the 20th century called *Cleanliness is Godliness*. We want to strive for a cleaner environment, and we want to strive to clean things up instead of making them worse. We must retrain our child self to pick up the litter instead of throwing it on the ground—at every level and plane of consciousness.

This is where Mother Mary and other divine beings come to help us. There is a great Elohimic being who is known as Mighty Astrea, and who calls herself the “cosmic garbage collector.” Every night, she goes through the auric fields of lightbearers, helping people cut free from entities and demons and forces of the night—so they can be raised up out of negative consciousness. Such is the work of the Divine Mother within us and within every divine being, ascended and unascended.



Double Rainbows

It was a challenging time in my life. I was going through a divorce. The process was painful, letting go of future plans, dreams, expectations and a sense of familiarity I had come to depend on. My birthday was approaching and I was most burdened, so I asked Mother Mary to give me a sign of God's love for my birthday, something I would know was from her.

Several days passed. Then on my birthday, some friends and I gathered at the outside terrace of a local restaurant to celebrate. In the middle of our meal, a tornado warning was issued and we were all encouraged to go into a nearby shelter.

The sun was still warm and bright, so a few of us decided to stay outside and watch the incredible cloud display amassing in the sky. All of a sudden, the most magnificent double rainbow we had ever seen appeared in the sky. Both rainbows were perfectly formed and every color was absolutely brilliant, in an almost surreal way.

We were gazing at the sky in awe, when one of my friends tugged me on the sleeve and said, "I have to tell you. This is from Mother Mary for your birthday." I was so touched. I had not told anyone about my prayer and had even forgotten about it myself!

Seven



The Face of the Holy Spirit

Now, we move to the presence of the Holy Spirit as the divine Girlchild.

The Holy Spirit is hard to define. It has been said that “The Holy Spirit goeth wherever it listeth.” No one can control the Holy Spirit, but we can create an environment where the Holy Spirit is more likely to abide. The key, for the Holy Spirit to abide with us, is love.

Love manifests in many ways, from the gentle roseate quartz vibrations of kindness and generosity, to the intense disciplines and ruby vibrations of divine severity and judgment. Love is beauty in action—beautiful thoughts, feelings and actions that reflect the inner beauty of the soul who is integrating as the bride of Christ.

When we talk about the Holy Spirit, we are talking about the Loved Girlchild within us, who is our source of ineffable beauty, consideration, finesse, magic and mysticism. We are focusing on the pink plume in the heart which is the flame of Shiva, the third person of the trinity. Shiva, in the Hindu tradition, is the one who is both lover, dancer and destroyer.

The Holy Spirit destroys what is unreal—all spiritual unreality and self-deception. It brings us to a greater measure of God-reality, experienced as love. This is love

with a big "L," which is not that easy, because it takes us out of our idolatry of self and others. It impels us to reach out and relate to life in a whole new way. Like the poet Khalil Gibran described, love, if it finds us worthy, will continuously stretch. It runs into our comfort zone and disturbs that part of us that doesn't want to be stretched, the part of us that would resist love.



Love is the spirit, then, that will knead you like a loaf of bread, then bake you in the oven and finally put you on the table for the master's feast. The initiations of love break the ego, the lesser self. When we follow the course of love, those parts of us that are antithetical to love must go into the fire. Like Jesus said, our tree must be pruned and those branches that no longer bear fruit must go into the fire.

The branches that do not bear fruit are the moments of consciousness that cannot enter into the next

cycle of self-realization. When our works are tried by the fire of the Holy Spirit, as foretold, the gnarly branches and the grapes of wrath go into the flame of the Holy Spirit, into the flame of Shiva.

Only then can we have new growth. For like the master said, you cannot pour new wine into old bottles. New patterns of self-awareness cannot coexist with obsolete programs of consciousness.



In this dawning age of Aquarius, the shift that the Holy Spirit brings to us is a collective initiation. Aquarius is the age of the Holy Spirit, of divine oneness and love. We must forsake our patterns of ego-control and fear so we can embrace that love with a capital "L." This is the original love of the Father and the Son, before the fall into separation and illusion. This is the love of the integrated personality in God, expressing greater measures of the geometry of our divine blueprint. And the parts of consciousness that will not bend the knee to this new impulse, the parts that resist the conversion of love, must ultimately be consumed by the fire of Shiva.

Let us visualize now our Loved Girlchild as divine feminine within us who is the access point and gateway the Holy Spirit. What does she look like? What does she like to do? Does she like to play with birds? Does she like to stop down and smell the flowers? Does she like to create the most beautiful pastry cake that could ever be baked? Does she like to go out and hug a stranger who looks lonely? Does she like to go out and pick the perfect greeting card for someone? What is that loved Girlchild? How does she behave? How does she love? We want to reconnect with her.



For some people reconnecting with the Loved Girlchild is especially hard, because their Unloved Boychild control mechanism will not yield to a "willy-nilly" girl. Their Loved Girlchild is so suppressed, that they don't even know she's inside of them. When she does awaken again and come to the fore, they realize there was a whole part of their nature that was shut off because they had to be tough—tough and efficient. The key here is not to be afraid of losing control, or looking stupid. We persist, calling upon the presence of our Loving Father, Loving Mother to protect her. She will come out of the shadows

and astonish us with new ways of loving that we would never have foreseen.

Let us welcome her now in safety and reverence. Let us give the mantra, *I AM my Loved Girlchild* and see her emerging from the shadows into the Light of our divinity.

I AM my Loved Girlchild.

I AM my Loved Girlchild.

I AM my Loved Girlchild.

Our Loved Girlchild has no concept of time. She feels no limitation. She impels us to slow down, to reconsider, to smell the roses. Even as everything in this time seems to be accelerating around us, we need to find that place of serendipity inside, of timelessness. Do not put her down. Do not condemn her or tell her she is taking you off track in terms of what you need to be doing. After all, she is the very reason for which you are doing what you are doing.

See your Loved Girlchild now opening the door to the Holy Spirit. Watch as the love fires of God dissolve the calcified substance of our hardness of heart, like glaciers melting in the springtime sun into trickles, then streams and then torrents of living water. As you give now the mantra, *I AM the flame of the Holy Spirit made manifest*, visualize the pink plume of Shiva now blazing in your heart—until your adoration literally burns in your heart.

I AM the flame of the Holy Spirit made manifest.

I AM the flame of the Holy Spirit made manifest.

I AM the flame of the Holy Spirit made manifest.



Love is a joyous fire. Experience the joy, as that love of Father for Mother, Mother for child, Christ for Holy Spirit, and Holy Spirit for all.

Now pay attention. Which of the four archetypes was more difficult for you to bring forth? Where was there more resistance? Where was there challenge? Where was there ease?

Give the mantra. Live the mantra. Become the mantra, and you will clear all blockages to your manifested divinity. You will embrace the majesty of your divine self.

The Resurrection Flame

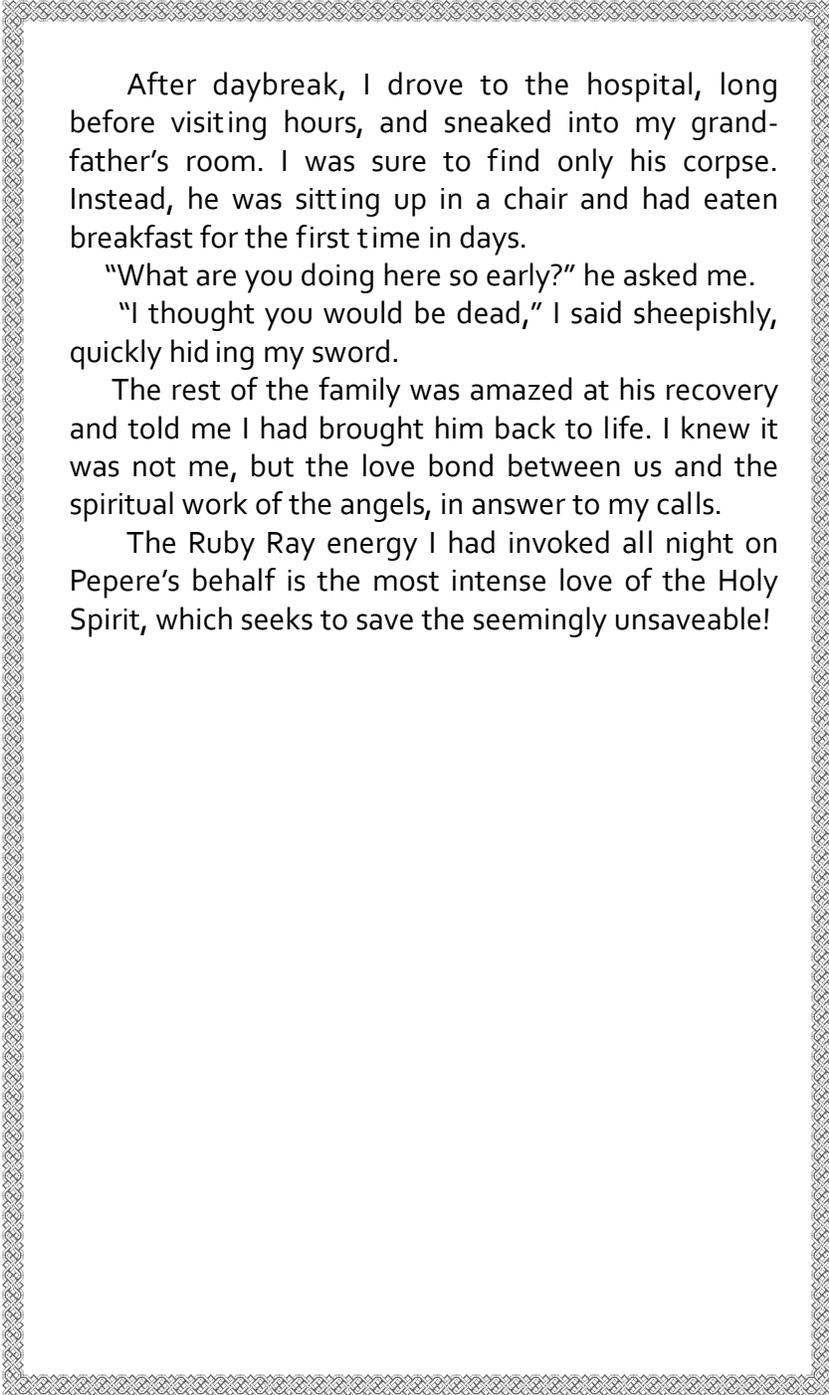
I received a phone call from my family in France telling me that my beloved grandfather Pepere was ill. I knew I had to hop on a plane. I took a leave from work and left Montana the next day.

After we landed in Paris, I went straight to the hospital room where Pepere was laying. He was barely breathing. The skin on his face had turned waxy and grey and his eyes were lifeless. My grandmother was crying in the corner of the room and a cousin, who was a medical doctor, said nothing more could be done.

I went over and touched my grandfather's hand. All of a sudden, his eyes jumped back into their sockets and he recognized me. It was a very moving moment, which astonished everyone in the room, including me. Still, Pepere could not move or talk, except to ask for water, which he was not even able to drink.

I went home that evening, certain Pepere would pass away during the night. I stayed up all night, making intense prayers for him that invoked the angels of the ruby ray of God's love.

I had brought with me a stainless steel sword with the words "Archangel Michael" engraved on it, used to remove entities and to clear negative energy. I intended to wield the sword around my grandfather's body to help free him so he could go into higher octaves of light. My only concern was how to do this spiritual work incognito.



After daybreak, I drove to the hospital, long before visiting hours, and sneaked into my grandfather's room. I was sure to find only his corpse. Instead, he was sitting up in a chair and had eaten breakfast for the first time in days.

"What are you doing here so early?" he asked me.

"I thought you would be dead," I said sheepishly, quickly hiding my sword.

The rest of the family was amazed at his recovery and told me I had brought him back to life. I knew it was not me, but the love bond between us and the spiritual work of the angels, in answer to my calls.

The Ruby Ray energy I had invoked all night on Peperé's behalf is the most intense love of the Holy Spirit, which seeks to save the seemingly unsaveable!

Eight



The Ultimate Prayer

When Jesus gathered his disciples, they asked him: “What should we pray, master?”

Jesus wasn’t just a carpenter. As a boy, Jesus had studied in the temple at Jerusalem with the Rabbi, who marvelled at his awareness. Jesus’ parents, Mary and Joseph, were part of the Jewish Essene community—the highest mystical branch of Judaism. We also find records that say that when Jesus was a boy, he went to Europe with his uncle Joseph of Arimathea, and visited England and France. Then, as a young man, he went to India. He was a yogi. He learned under the greatest teachers in Kashmir. He also went to Egypt where he received training from the hierophant of Luxor.

We see then, that Jesus was someone who had traveled a lot and had a lot of spiritual and worldly knowledge. He fasted forty days in the desert, resisted the temptations of the fallen angel Satan and was one with his God Presence.

Now when the disciples asked him, “Master, what should we pray,” he gave them the ultimate formula. What is now called the Lord's Prayer is a love tryst that helps us to renew our oneness with the fourfold nature of our divine self.

The prayer begins in the etheric quadrant, as the Loved Boychild gives deference and honor to the Loving Father.

Our Father who art in heaven, hallowed be thy name.

What does this mean? Our Father who art in heaven—Mighty I AM Presence—hallowed be thy name?

It means, "Father, I honor you, I respect you, I love you, I cherish you." It is the prayer of the Loved Boychild becoming Christ, anointed with the light of the I AM.

Next, we enter the mental quadrant where we engage our free will. We choose, as the Loved Boychild, to yield to and co-create with the divine blueprint of our Divine Father's will.

Thy kingdom come, thy will be done on earth as it is in heaven.

Isn't this what everyone wants, especially in times like these when we see so much turmoil and distress around the planet? We want to see God's kingdom manifesting, as the divine consciousness that sets life free. God's kingdom is the Aquarian consciousness of true brotherhood and love—not some kind of religious ideation people try to impose upon others.

Many Christians say, "God is this way and Jesus is the only way to Heaven." Then, Moslems say, "Allah is the only God and you cannot worship any idols, not even Jesus." Meanwhile, the Hindus with their many deities are telling us that their ancient faith is the only way to be saved from the rounds of rebirth. For Buddhists, the path they espouse is the effective way to reach enlightenment. And then the Jews are still waiting for the Messiah, telling us

the real Yahweh didn't come through Jesus or Mohammed or eastern deities.

We must transcend the divisiveness that has kept us apart from the real religion, that real tie to our divine self. The Latin word for religion, "religio," came from the verb "religare," which means "to bind." We want to be bound by truth. This Truth with a capital "t" is the cause for which all great spiritual teachers gave their lives. Hermes, Socrates, Jesus, Moses, Buddha, Rumi, Enoch, Kuan Yin, Krishna, Ikhanton, Babaji, Yogananda, John the Baptist, Mother Mary, Saint Francis, Saint Therese, Guru Nanak, Padre Pio, Akbar, Francis Bacon, Padma Sambhava, Zoroaster, Hilarion, Confucius—the list goes on throughout the ages.

One with their divine presence, these great lights came to further the Truth that we can embrace the majesty of our divine self. Each one left footprints in the sand of time for a particular historical cycle and geographic mandala of souls. And sadly, in many instances, their example of intimate communion with God was eroded by an established orthodoxy that followed and swallowed up the purity of a message of love, oneness, responsibility and redemption.

"Thy kingdom come, thy will be done on earth as it is in heaven," happens day by day within our four lower bodies, within our auric field, within our chakras.

It has nothing to do with some great takeover of the world, where all of these armies of heaven will descend physically to justify our cultural position and belief in an almost mythological way. It manifests as an activated consciousness of divine Truth that fulfills itself through service to life, the more we avail ourselves to our higher self.

The prophesied second coming of Christ happens person by person. It unfolds as we become more tethered

to our higher self and attuned to the voice of conscience that says, "this which you do to the least of these my brethren, you do unto me."

It is a collective exercise of free will that manifests as good will. When we say to our Mighty I AM Presence, "thy kingdom come, thy will be done, on earth as it is in heaven," we become active participants and divine co-creators in this transformational alchemy, especially now in the new Aquarian cycle.

The next line of the Lord's prayer leads us through the emotional quadrant of our being, where the Divine Mother abides.

Give us this day our daily bread.

We ask Divine Mother, the supplier of our needs, "Give us this day our daily bread." We are here in the physical plane. We need sustenance.

Jesus told us to ask for *daily* bread. Calling for daily bread becomes an initiation of oneness with the Mother. When the Israelites were in the wilderness desert, God sent them manna each day, a form of daily bread that precipitated from the heavens. Some people decided to stock up, in case God didn't send more manna the next day. The manna that was stockpiled spoiled. The Israelites had to learn—as we must—to depend on God, to call to Father-Mother God for that daily bread, for all of our abundance and supply in the matter plane.

If we look at what is going on in the world around us and especially in the economic system, there are so many people stocking up and hoarding at every level of consciousness. In our culture of selfishness and self-preservation, a shift needs to happen where people come into oneness with the Divine Mother and honor her, even

as Mother Earth. This doesn't mean we can't be practical, or that we have to deprive ourselves of what we need. It comes down to the intention and consciousness by which we operate—a renewed spirit of personal and planetary harmony: “Give us this day our daily bread.”

The daily bread we call for is also our spiritual food. When Jesus was fasting forty days and the devil tempted him saying, “why don't you turn these stones into bread,” Jesus rebuked him, saying, “Man does not live by bread alone but by every word that proceeds from the Father's mouth.”

The Divine Mother is the Word of the Father made flesh. She is Vach, the mystic sound, the vehicle of creative expression. In Hindu mythology Brahma, the Father, separates his body into masculine and feminine, Alpha and Omega, the feminine becoming Vach. She is the generatrix, the Mother of the Vedas, the source of our spiritual nourishment in the matter plane.

Forgive us our sins as we forgive those who sin against us

The next line of the Lord's Prayer takes us to into the physical quadrant where everything fully crystallizes and is assessed for permanency in God. Here, the Loved Girlchild says, “Forgive us. Forgive us our sins as we forgive those who sin against us.”

We've been taught by people who have had a near-death experience that we are truly forgiven in the same measure that we forgive others. When we go to the other side and we have a life review, our higher self is basically reviewing our life with us. We measure ourselves.

I have had a sense of that once in deep meditation where I went up to my higher self. I was able to see what it was like to be looking at my life and judging it from that

perspective of my higher self. There was no separate "God person" out there who was coming down to judge me. Instead, there was the impartial assessment of my own higher self, with whom I was very familiar, and who had full wisdom and knowledge of every little sneaky thing I was doing. I could see there was no way I was going to get away with any of it, and I thought "Oh boy! Better get on with fulfilling my reason for being." It's still a work in progress.

We have to forgive ourselves. We have to forgive others. We understand that we're not perfect. No human is perfect. Even Jesus wasn't perfect at the human level and he was born with ninety-some percent of his karma balanced. The only perfection we strive for is to surrender our human self to our Christ self, and defer to that greater purpose. We strive to become perfected by "letting go and letting God" come through us in greater and greater measure.

Lead us not into temptation and deliver us from evil.

"Evil" stands for energy veil. Evil is maya, illusion. The Loved Girlchild comes to us as the Holy Spirit, to anchor new levels of congruence with divine reality. That which is not real ultimately, that which is not based on love, cannot pass through the divine kiln and be made permanent. The clay goes back into the pot where the Master Potter as our own higher self begins anew.

One of the most important functions of the Loved Girlchild is that she seeks to save the seemingly unsavable. Before any aspect of our life or consciousness is placed for divine dissolution, the Holy Spirit comes to convert it through love. Only if we persist in wrongdoing is that wrongdoing ultimately judged and consumed.

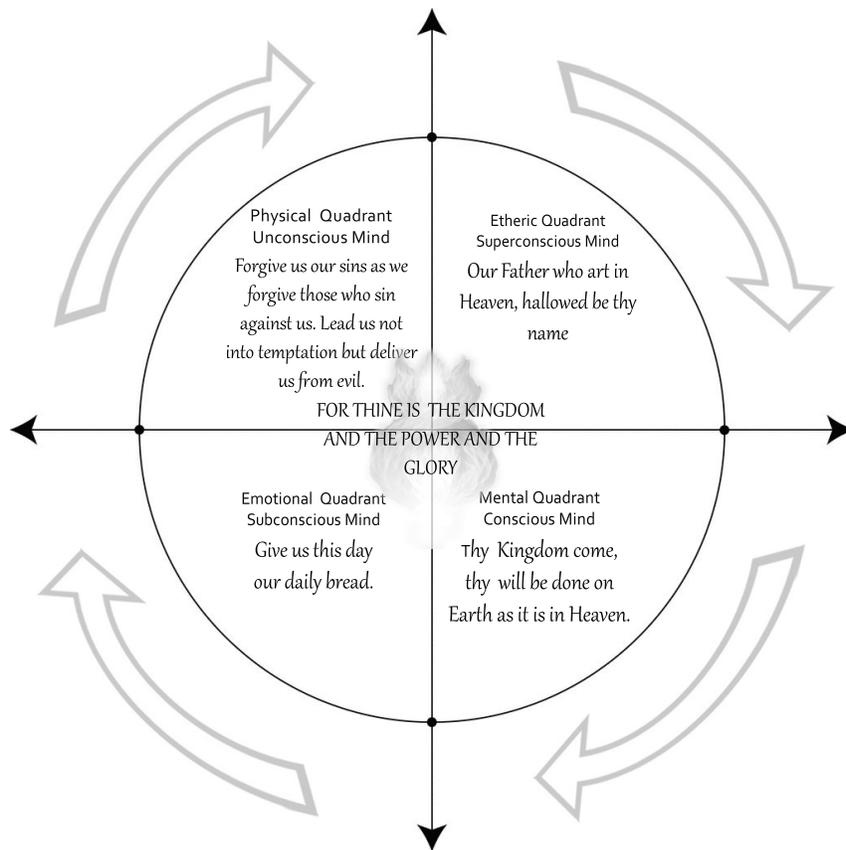
Jesus taught his disciples to forgive seventy times

seven. Likewise, the Loved Girlchild comes to convert us, to love us, to lead us away from temptation back into the arms of the Father. She comes to deliver us from the energy veil into God Reality.

The Lord's Prayer concludes by ushering us back into the heart, where the divine threefold flame blazes.

For thine is the kingdom and the power and the glory.

The kingdom is the consciousness of God—love—the



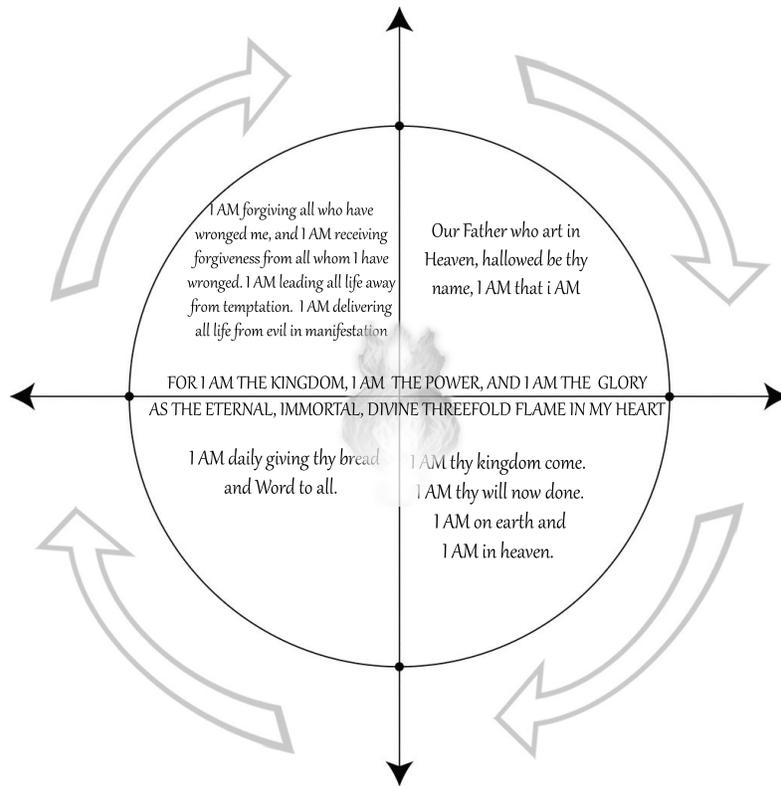
pink plume. The power is the blue plume of divine will.
And the glory is the yellow plume of Christic illumination.

Today, in the age of Aquarius, we become the Lord's prayer. We become the "I AM" manifestation of the Father, the Son, the Mother, and the Holy Spirit. We follow the example of our elder brother and become the majesty of the Son of God who is one with the Father, one with the Mother, and infilled with the Holy Spirit.

Let us invoke now the blessing of Jesus's name and ascended master presence, that we might consciously internalize our divinity and transcend all that stands in the way of our materializing the love, wisdom and will of God for our life.

*Our Father who art in heaven, hallowed be thy name,
I AM that I AM.
I AM thy kingdom come.
I AM thy will now done.
I AM on earth and I AM in heaven.
I AM daily giving thy bread and Word to all.
I AM forgiving all who have wronged me
And I AM receiving forgiveness from all whom I have
wronged.
I AM leading all life away from temptation.
I AM delivering all life from evil manifestation.
For I AM the Kingdom, I AM the Power and I AM the
Glory as the eternal, immortal, divine threefold
flame in my heart.*

We do not boast or put ourselves on a pedestal:
"Wow! Look how special we are because now we're the kingdom and the power and the glory." We have no human agenda, other than to fulfill God's desire within us to be God in manifestation. We give deference to the flame of



God, the threepartite divine presence that blazes in our hearts. We do so with humility.

The great teachers have shared that the more we advance on the spiritual path, the more we pass our initiations and anchor greater levels of spiritual awareness, the more we start to realize how much more there is to learn and become. We realize it's not about being superior or inferior. We all have God within us. There is only one God, and we are all at different stages of development. Those who are ahead of us in attainment try to help us come up higher, just like we, in our development, try to

help others make progress.

We are raising all life up—people, animals, plants, even minerals—at every level of the microcosm and the macrocosm.



Love from the Bottom of the Well

The construction for our home was already underway when it came time to drill a well. The cost of the well was an unknown factor that had me stressed out for months. Our neighbor's well was one of the deepest and most expensive in the area. If we were to run into the same terrain, we would completely blow our budget. Every time I prayed about the well, I got the sense not to worry but I was still extremely concerned.

"God," I said, "you know where the water is and I don't. Please show me and help me feel the light."

I started to walk the land and came upon a spot where I felt light on my crown chakra. The light was focused in a circle. I could clearly feel the circumference of the circle, about ten feet around, and the center point where the energy was strongest. My neighbor and I put a stake in the ground there.

I could not come out on the day of the drilling, so I asked my neighbor to show the drillers the stake we had placed in the ground. I was at home praying for the best possible outcome.

About thirty minutes later, I received a phone call from the driller. "Lady," he said, "I don't know what you did but we found abundant water at less than 50 feet. This is the shallowest well we have seen in this area. You just saved yourself \$10,000."

I put the phone down, elated, for the kindness of God who hears our every prayer.

Nine



Holy Communion

One of the most effective ways of advancing on the spiritual path is to commune each day with a heavenly being. We choose a master that we feel drawn to.

Have a picture of the master in your dwelling place. This could be Jesus, Saint Germain, Mother Mary, Buddha or Kuan Yin. Simply start establishing a figure-eight flow by communing with the image for five minutes at a time. Appreciate the flame of God they carry and understand that the picture is a talisman. A talisman is an object that acts as a focus for spiritual energies to penetrate the physical plane. The spiritual energies of the master come through the picture to help us accelerate our spiritual awareness so we can embrace the majesty of our own divine self.

Another important ritual is the ritual of holy communion. To partake in Holy Communion, you do not have to be Catholic. You must simply approach the altar of your heart in earnestness and devotion.

Prepare a small glass of grape juice, and a small piece of bread or cracker. Then, you center in your heart and extend the palms of your hands over the elements. You can call upon the presence of Jesus and Saint Germain as

the spiritual hierarchs of the Age of Pisces and Aquarius to send their radiation through your hands to bless the elements before you, until they become a talisman.

This ritual has been done since the ancient days Egypt, and even before—in the temples of Atlantis and Lemuria. The ritual was commemorated again by Jesus with his disciples. It fills us with the light of Alpha and Omega, the masculine and and feminine presence of God.

We are calling for the blessing of the molecules of the bread and the grape juice, so that we can partake of that light in our body. The grape juice holds the Alpha masculine energies and the wafer of bread holds the feminine Omega energies.

As we partake of holy communion, we are actually physically absorbing the energies of the masters Jesus and Saint Germain into our body as the consciousness of Christ and the Holy Spirit, helping us to transition from Pisces to Aquarius, to relinquish fear and ego control, and to embrace the virtues of selfless love and exalted brotherhood.



In the name of the Light of God that never fails, we call to beloved Jesus and Saint Germain, Beloved Mother Mary and Kuan Yin, O Divine Mothers, O hierarchs of Aquarius, come forth now.

Bless now this bread, this wine, that we might fully experience and manifest at a deeper level now the qualities of the Father, the Mother, the Son and the Holy Spirit—that we might become full vessels of the divine trinity of Brahma, Vishnu and Shiva as the Divine Shakti in form. Come forth now, angels of the Holy Spirit! Come forth now, angels of Aquarius! Come forth now, great beings of light and consciousness and love. Help us now to love God with all our heart, soul and mind. And help us now to love our neighbor as ourselves.

We ask this now in Jesus' name, according to God's holy will, wisdom and love. Let it be done. Amen.

Each time we partake of holy communion, we celebrate our oneness as children—and sons and daughters—of God. We experience the Tai Chi of our wholeness as loving adult and loved child.

Let us now seal this teaching in the name of the Father, the Son, the Mother and the Holy Spirit within us.

Let us now call for the angels to take us each night in our soul consciousness to the etheric retreats of the Heaven World that we might be tutored in the Holy Spirit for the personal and planetary shifts ahead.

And let us awaken each day refreshed, replenished, revitalized, recharged and realigned with the will, the wisdom and the love of God in our heart, and in the heart of every lightbearer on this planet, and in the heart of every ascended master and angel in heaven.

So be it. *Perusha.*





*Neither shall they say, lo here!
or lo there! For behold, the
kingdom of God is within you.*

-Jesus

About the Author



Therese Rose Emmanuel is an inspirational author, speaker, songwriter, singer and web designer. Her work draws people into communion with their own divine presence and helps them to develop a personal, one-on-one relationship with the ascended masters and angels of the heaven world.

Therese has taught the inner family archetypes to spiritual seekers worldwide. Her Songs of Divine Love celebrate the four faces of God.

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